

2011 QCC Walks!

Date	TIME: 8:30 AM Start Location	QCC WALKS! Program Speaker/Celebrity Walker	Walk Miles
April 30	Westhaven Nursing Clinic <i>Weigh-In</i>	Vice-Mayor Holly Edwards, R.N., Dr. Pamela Ross, Dr. Norm Oliver, UVa Hospital	3/4 mile
May 7	QCC Farms! West Region 10 (800 Preston Ave)	Promotora – Community Lay Health Educators Ms. Shook's Kindergarten class from Venable	1.0 mile
May 14	Forest Hills Park	Rev. "Coach" Kaye Monroe, Seed Planters Ministry & First Baptist Church	1.25 miles
May 21	Community Bikes 611C Preston Ave.	Shelly Stern, Community Bikes Diana Foster, Rivanna Trails Foundation	1.5 miles
May 28	HOLIDAY WEEKEND	OFF	
June 4	Virginia Dept. of Health 1138 Rose Hill Drive	Dr. Lillian Peake, TJHD Director Jimmy Hollins, Burley Bears and Rose Hill neighborhood assoc.	1.75 miles
June 11	QCC Farms! Garden of Goodness 6 th St. SE and Monticello Ave.	Farmer Todd Niemeier, QCC Farms! and Viola Holmes, Registered Dietician & Diabetes Educator, UVA	2.0 miles
June 18	QCC Headquarters 327 W. Main St. Suite 101	QCC Board Members and Charlottesville Derby Dames roller derby team	2.25 miles
June 25	Westhaven Nursing Clinic <i>Weigh-In</i>	Mark Lorenzoni, Ragged Mountain Running Shop	2.5 miles
July 2	HOLIDAY	OFF	
July 9	Riverview Park	Dede Smith, Rivanna Master Naturalist and Tree Steward	2.75 miles
July 16	Boys and Girls Club	James Pierce, director Boys & Girls Club	3 miles
July 23	Monticello Trail	Dee Eadie, UVA Cancer Center and Collette Blount, City School Bd. member	3.5 miles
July 30	Washington Park – African-American Festival <i>Weigh-In Optional</i>	City Manager Maurice Jones, Rev. Nana Ghartey & Mayor Dave Norris	4 MILES
August 6	Westhaven Nursing Clinic <i>Weigh-In</i>	Celebration! Westhaven Community Day	NO WALK

Quality Community Council 327 W. Main St. Suite 101
Charlottesville, VA 22903

Join us for Fun, Fitness & Community!

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