



2010 QCC Walks!

Date	TIME: 8:30 AM Start Location	QCC WALKS! Program Speaker/Celebrity Walker	Walk Miles
May 1	Westhaven Nursing Clinic <i>Weigh-In</i>	Vice-Mayor Holly Edwards, R.N. & Dr. Wendi Wills El-Amin	3/4 mile
May 8	QCC Farms! West Region 10 (800 Preston Ave)	Maritza Gomez, Dilcia Colindres + Promotora	1.0 mile
May 15**	Forest Hills Park	Brian Daly, Director of City Parks and Recreation	1.25 miles
May 22	Virginia Dept. Of Health 1138 Rose Hill Drive	Dr. Lillian Peake, TJHD Director	1.5 miles
May 29	HOLIDAY WEEKEND	OFF	
June 5	Riverview Park End of Chesapeake Street	Diana Foster, Rivanna Trails Foundation	1.75 miles
June 12**	QCC Farms! Garden of Goodness 6 th St. SE and Monticello Ave.	Farmer Todd Niemeier & Legal Aid Atty. Erin Trodden	2.0 miles
June 19	QCC Headquarters 327 W. Main St. Suite 101	Dee Eadie, UVA Cancer Center Mark Lorenzoni, Ragged Mountain Running	2.25 miles
June 26	Crescent Hall Nursing Clinic 500 S. First St. <i>Weigh-In</i>	QCC Board Members	2.5 miles
July 3	HOLIDAY	OFF	
July 10	Tonsler Park	Cardinals/ Chef Lucy, Morrison's	2.75 miles
July 17**	Walker Upper Elementary School	Cle & Kelly Logan, 92.7 & Dept of Social Services	3 miles
July 24	Monticello Trail	LoriAnne Barnett, Virginia Cooperative Extension 4-H Agent	3.5 miles
July 31	Washington Park – African-American Festival <i>Weigh-In Optional</i>	City Manager Maurice Jones, Rev. Nana Ghartey & Mayor Dave Norris	4 MILES
August 7	Westhaven Nursing Clinic <i>Weigh-In</i>	Awards & Celebration! Westhaven Community Day	NO WALK

**QCC Cooks! program at 11am